

Pilgrimage along the first stage on the Stråsjö route towards Trondheim/Nidaros

Pilgrimage: 6 days, with guide

The first stage from the Baltic Sea towards Nidaros in Norway, where the shrine of Saint Olav was, leads through the scenic countryside of the province of Hälsingland, between lakes Dellen, passing big wooden farmhouses, typical of this province, through deep forests to the Pilgrims' chapel of Stråsjö, which is the final destination for this week's journey. The pilgrims' route continues to Nidaros, and you may sign up also for the next stages.

Starting point: approx. 2 hours by train going north from Stockholm Arlanda Airport.

Departure days in 2012: August the 13th (bookings for other days only for groups).

Departure: Monday at 12 o'clock at the medieval church of Enångers.

Final: Saturday the 18th at approx. 12 o'clock at the Pilgrims' chapel of Stråsjö.

Length of daily walks: less than 20 kms.

Lodgings: youth hostel, pilgrims' refuge, tents of Saami type.

Price: SEK 800 per day (For 6 days 4.000 SEK, approx. 450 Euro).

Included in this price are guidance, board and lodging, as well as baggage transport. You only have to carry light backpacks.

Registration: No later than 30 days before departure, to the phone numbers or E-mail of Pilgrimstid.

Day 1: Meeting point is the medieval church of Enångers, with its mural paintings with many references to pilgrimages. There you can receive a Pilgrims' blessing, your pilgrims' passport and the first stamp in it. The first day's walk is short and easy to the medieval church of Njutångers. Distance passed: 12 kms.

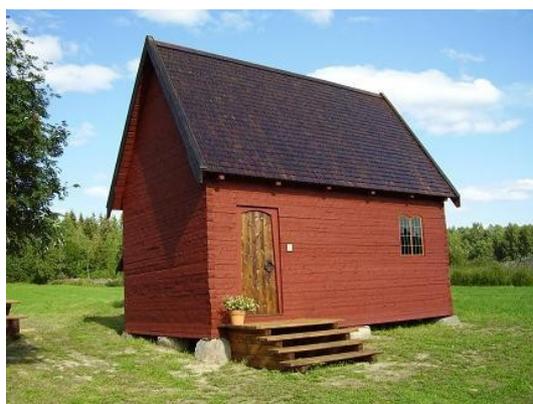
Day 2: A somewhat longer walk on footpaths and small roads along the lakes of Forsa to the Pilgrims' refuge close to the Catholic chapel of Sörforsa (inaugurated in 1909). Distance passed: 19 kms.

Day 3: The pilgrimage continues, passing the lutheran church of Forsa and the community of Näsvisken towards the Southern lake Dellen, where we take a look at the remnants of the Iron Age fortress of "Borgarberget". Distance passed: 12 kms.

Day 4: This day the pilgrims pass the "Well of the Martyr Joseph", with the scenic view from "Joseph's Hill". The Pilgrims' path continues along the shore of the Southern lake Dellen on the "Church road" to the lutheran church of Norrbo. Distance: 19 kms.

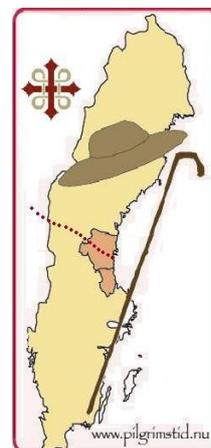
Day 5: Having looked at the remnants of the 17th Century fortress of Norrbo, the Pilgrims pass the Northern lake Dellen, the church of Bjuråker and a museum village. The paths continues now through deep forests until we reach the old resting place for pilgrims, the "Well of the Cross". Distance: 17 kms.

Day 6: This day the route passes the "Chalet of Havra" and the small lake of Halltjärn. We arrive at the reconstructed Pilgrims' Chapel, the final destination of this week's pilgrimage. Distance passed: 9 kms.



The Pilgrims' Chapel of Stråsjö is a reconstructed pilgrims' chapel of medieval style, built by hand with copies of medieval tools on the site where, according to local tradition, there was a pilgrims' chapel until 1597. This traditions claim that pilgrims passed here on their way to Nidaros during the Middle Ages. Now pilgrims pass here again!

Where is the pilgrim route of Stråsjö? It is marked with red on the map and leads across the Scandinavian peninsula to Trondheim, city of Saint Olav.



Coming to Sweden: You could take a flight to Stockholm Arlanda Airport and after 2 hours by train you will arrive in the city of Hudiksvall, close to the starting point of the first stage, which means that in you might have breakfast at home and dinner with us.